

# Personal Development

Ideas to develop *outstanding* and *exceptional* personal development in a primary school, here's how you can apply the principles in your school:

- 1. Provide a Rich and Diverse Set of Experiences:**
  - Offer a broad range of extracurricular activities such as arts, sports, coding, and nature clubs. Incorporate opportunities for creativity, leadership, and personal growth.
  - Ensure these activities are accessible to all pupils, especially focusing on including disadvantaged pupils.
- 2. Tailored and High-Quality Personal Development:**
  - Design a curriculum that integrates character-building activities like teamwork, problem-solving challenges, and resilience training. You can use role-play, drama, and discussions to foster emotional intelligence.
  - Provide personalized support to help each pupil develop unique talents and interests.
- 3. Strong Take-up of Opportunities:**
  - Actively encourage pupils to participate in various programs. Motivate them through recognition systems, assemblies, or showcasing their achievements.
  - Ensure that there's consistent engagement, especially from disadvantaged groups, by removing barriers like cost, transportation, or scheduling conflicts.
- 4. Embedding Personal Development in the Curriculum:**
  - Seamlessly integrate personal development into everyday learning. For example, during literacy lessons, explore themes like empathy, perseverance, and responsibility through stories and class discussions.
  - Have regular sessions on well-being, healthy relationships, and staying active. Build this into both PE and PSHE (Personal, Social, Health, and Economic Education).
- 5. Exemplary Character Education:**
  - Use models of good behaviour and character through storytelling, school values, and community engagement projects. Invite local community figures to speak about respect, responsibility, and active citizenship.
  - Foster debate and discussions where pupils can express differing opinions respectfully.
- 6. Celebrate Diversity and Promote Inclusion:**
  - Plan regular cultural celebrations, ensure curriculum diversity (e.g., including global perspectives), and foster respect for protected characteristics under law.
  - Provide meaningful activities for pupils to engage with British values like democracy and the rule of law through school councils or debates.
- 7. Physical and Mental Health:**
  - Promote healthy living through cooking classes, outdoor activities, mindfulness sessions, and regular check-ins about pupils' well-being.
  - Ensure that pupils have a balanced understanding of healthy relationships and encourage open conversations about their feelings.

**By focusing on these areas, you can develop a school environment that exceeds expectations in personal development, ensuring that every child has a well-rounded experience and leaves school with strong character and resilience.**